

Swimmer Name:

My Summer Swim Team Goals

*“There is inside you all of the potential
to be whatever you want to be,
all of the energy to do whatever you want to do.*

*Imagine yourself as you would like to be,
doing what you want to do,
and each day, take one step
towards your dream.”*

This year we would like to encourage all of our swimmers to set personal goals for their summer swim experience. It can be as simple as making a new friend, learning the butterfly or qualifying for CHAMPS. You choose two goals and let the coaches challenge you with the one they think is just right for you. Let's make this summer swim season your best one yet!

1. _____

2. _____

3. Coaches Choice:

*“If you are willing to take the opportunities you are given
and utilize the abilities you have,
you will constantly fill your life
with special moments and unforgettable times.”*